

GLENGARRY HOSPITAL MATERNITY INFORMATION

Coming to the Hospital

What to bring – it is advisable to have your bags packed by 34 weeks.

For Mother

Nighties / Dressing gown

Comfortable casual clothing

Own toiletries

Four packs of sanitary pads

Maternity bras

One box of nursing pads

Your own pillow (optional)

Choice of music (CD's) whilst in delivery suite

For Baby

Clothes to go home in

If intending to formula feed – we encourage you to bring your own bottles and teats

What not to bring

We strongly advise you not to bring your valuables (for example jewellery or large sums of money) to Hospital, as the provisions for safe custody are limited. Glengarry Hospital takes no responsibility for the loss of any valuables you may bring with you during your stay.

When to contact the Maternity Unit

Please contact the hospital if you have any worries or concerns 9246 6331

When you decide to come to the hospital please telephone the birthing Suite 9246 6331 so we can prepare for your arrival

It is very important to contact the Unit quickly (day or night) if any of the following occur;

- Ruptured membranes or continuous leaking of fluid
- Bright bleeding
- Regular contractions
- Premature labour before 33 weeks

When you arrive at the hospital, please go straight to the Maternity Unit Night Entrance, If you are in strong labour, your partner is welcome to park at that entrance, Please remove the vehicle as soon as possible to avoid obstructing emergency vehicles.

If you arrive for admission during the night (from 9:00pm – 6:00am) you will find the doors locked for security reasons. Please summon a midwife by pressing the buzzer at the entrance.